

EPAに基づく介護福祉士候補者が捉えた介護福祉士国家試験対策過程とは —インタビューの分析から—

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本稿では、EPAに基づく介護福祉士候補者（以下候補者）が現状をふまえ、よりよく介護福祉士国家試験対策（以下国家試験対策）が進められるよう学習支援者は何ができるかその提言を行うことを目的に、候補者に具体的にどのように国家試験対策を進めたのか、またその過程で思ったことなどを構造構成的質的研究法に基づきインタビューを行った。インタビューデータを修正版グラウンデッド・セオリー・アプローチにより分析した結果、国家試験対策過程は大きく停滞から促進へと移行することが明らかになった。この結果を受け、①長丁場である国家試験対策期間のモチベーション維持への働きかけ②学習支援担当者が国家試験対策の全体像を見せる③候補者を孤立させないといった3点を学習支援者が意識して進めていくことが必要であろう。また候補者と施設職員の双方にとって、関係性を築いていく力や態度を育成する場が必要ではないかと考える。

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How Do EPA Caregiver Candidates View Their Experience?

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Candidates for credentials to work as caregivers in Japan are required to pass a state examination, which requires a high level of ability in the Japanese language, and represents a significant hurdle for candidates who have come to Japan due to opportunities provided by Economic Partnership Agreements. This study examines how such candidates prepare for the examination, revealing those points that they can deal with easily, versus the points which volunteers, language instructors and colleagues who assist them with their studies should pay attention to in order to effectively support the candidates' preparation. In this study seven candidates were interviewed. The data from the interviews was analyzed with the Modified Grounded Theory Approach, based on the Structure-Construction Qualitative Research Method. Analysis of the data shows how the candidates' process changed from stagnation to active involvement. It is important for those who support the candidates in their study to help them maintain their motivation and to give them an overall view of the state examination, because the examination period is so long. Furthermore, study supporters can prevent candidates from becoming isolated. The results suggest that fostering the ability to form human relationships between candidates and their nursing home colleagues is important.

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